

## HELPFUL CONTACTS...

### Health

|  |               |
|--|---------------|
| In an emergency contact  | 999           |
| Out of hours GP & NHS Helpline                                   | 111           |
| Clays GP surgery   | 01726 890 370 |
| St Stephen GP Surgery  | 01726 822254  |
| Cornwall NHS Trust   | 01208 251300  |
| <a href="http://www.cornwallft.nhs.uk">www.cornwallft.nhs.uk</a> |               |
| NHS Kernow   | 01726 627800  |
| <a href="http://www.kernowccg.nhs.uk">www.kernowccg.nhs.uk</a>   |               |
| <b>Cornwall Partnership NHS Trust Patient Advice</b>             |               |
| Liaison Service  | 01208 834 620 |
| <b>Royal Cornwall Hospitals Trust Patient Advice</b>             |               |
| Liaison Service  | 01782 252 793 |
| St Dennis Chemist  | 01726 822200  |
| Dental Health Line   | 01726 77777   |

### Mental Wellbeing

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|--|---------------|
| Pentreath  | 01736 334 686 |
| <a href="http://www.pentreath.co.uk">www.pentreath.co.uk</a>               |               |
| Valued Lives   | 01209 901438  |
| <a href="http://www.valuedlives.co.uk">www.valuedlives.co.uk</a>           |               |
| Outlook South West   | 01208 871 905 |
| <a href="http://www.outlooksw.co.uk">www.outlooksw.co.uk</a>               |               |
| DisAbility   | 01736 759500  |
| <a href="mailto:advice@dialcornwall.org.uk">advice@dialcornwall.org.uk</a> |               |

### Food Supplies

|  |              |
|--|--------------|
| Spar shop – St Dennis  | 01726 822482 |
| Resugga Farm shop  | 07872 165569 |
| <a href="mailto:resuggafarmproduce@gmail.com">resuggafarmproduce@gmail.com</a>         |              |
| Richards Fruit & Veg, Par  | 01726 812550 |
| <a href="http://www.richardsfruitandvegpar.co.uk">www.richardsfruitandvegpar.co.uk</a> |              |
| Parsley Box  | 0800 6127225 |
| <a href="http://www.parsleybox.com">www.parsleybox.com</a>                             |              |
| Oakhouse Foods   | 0333 370 251 |
| <a href="http://www.oakhousefoods.co.uk">www.oakhousefoods.co.uk</a>                   |              |
| Wiltshire Farm Foods   | 01326 378444 |
| <a href="http://www.wiltshirefarmfoods.com">www.wiltshirefarmfoods.com</a>             |              |
| Supreme Cuisine  | 01579 347346 |
| St Austell Foodbank  | 01726 65313  |
| Hawkes Butchers  | 01726 890233 |
| Pre order for delivery to St Dennis Tuesday & Friday.                                  |              |

### Employment:

Jobcentre Plus redundancy 01872 355068

Jobcentre Plus 0845 604 3719

[www.gov.uk/contact-jobcentre-plus](http://www.gov.uk/contact-jobcentre-plus)

Reed in Partnership 01726 218956

[www.reedinpartnership.co.uk](http://www.reedinpartnership.co.uk)

Pluss 01872 630979

[www.pluss.org.uk](http://www.pluss.org.uk)

We hope that you manage to stay safe during this public health emergency. If you do need help please reach out and ask for it, all of the people and organisations listed are here to support you.

If you are able to volunteer and help out with errands, please get in touch with Lynn – 01726 821700  
[clerk@stdennisparishcouncil.org.uk](mailto:clerk@stdennisparishcouncil.org.uk)

### Financial advice & support:

|  |  |
|--|--|
| Citizen's Advice Bureau  | 01827 265305   |
| <a href="http://www.citizensadvicecornwall.org.uk">www.citizensadvicecornwall.org.uk</a>   |  |
| Benefit Contact Centre   | 0300 1234 121  |
| <a href="http://www.cornwall.gov.uk">www.cornwall.gov.uk</a>                               |  |
| Healthy Start Vouchers   | 0845 607 6823  |
| <a href="http://www.healthystartnhs.uk">www.healthystartnhs.uk</a>                         |  |
| Inclusion Cornwall   | 01872 326 440  |
| <a href="http://www.inclusioncornwall.co.uk">www.inclusioncornwall.co.uk</a>               |  |
| Kernow credit Union  | 01209 314449   |
| <a href="http://www.kernowcreditunion.co.uk">www.kernowcreditunion.co.uk</a>               |  |
| Help with Health Care Costs  | 0300 330 1343  |
| <a href="http://www.nhs.uk/healthcosts">www.nhs.uk/healthcosts</a>                         |  |
| Independent Age  | 0800 319 6789  |
| <a href="http://www.independentage.org">www.independentage.org</a>                         |  |
| The Pension Service  | 0800 731 7898  |
| <a href="http://www.gov.uk/contact-pension-service">www.gov.uk/contact-pension-service</a> |  |
| Child Poverty Action Group   | <a href="http://www.cpag.org.uk/lwas">www.cpag.org.uk/lwas</a> |
| Turn2us  | 0808 802 2000  |
| <a href="http://www.turn2us.org.uk">www.turn2us.org.uk</a>                                 |  |
| Carers Allowance Unit  | 0345 608 4321  |
| <a href="http://www.gov.uk/carersallowance">www.gov.uk/carersallowance</a>                 |  |
| The Money Advice Service   | 0800 138 7777  |
| <a href="http://www.moneyadviceservice.org.uk">www.moneyadviceservice.org.uk</a>           |  |
| Kernow Accountancy   | 0300 456 3565  |
| Volunteer Cornwall   | 01872 266988   |
| Age UK   | 01872 266388   |

### Transport

**Cornwall Public Transport** 0300 1234 222  
www.cornwall.gov.uk

## End of Life

**Cruse Bereavement Support** 01726 76100  
www.cruse.org.uk

**Penhaligons Friends** 01209 210624  
www.penhaligonsfriends.org.uk

**Bereavement Service** 0345 6060 0265  
www.gov.uk/funeral-payments

**St Austell Registry Office** 01726 68974

## Housing

**Cornwall Housing** 0300 1234 161  
www.cornwallhousing.org.uk

**Private Sector Housing Team** 0300 1234 151  
www.cornwall.gov.uk/housing

**Rough Sleeper Scheme** 0800 151 3441  
www.streetlink.org.uk

**St Petrocs** 01872 264 153  
www.stpetrocs.org.uk

**Cornwall Council Home Solutions**  
01872 22470

[www.cornwall.gov.uk/housing/home-solutions](http://www.cornwall.gov.uk/housing/home-solutions)

## Useful Contacts:

**Cornwall Councillor Fred Greenslade** 01726  
822789

[fred.greenslade@cornwallcouncillors.org.uk](mailto:fred.greenslade@cornwallcouncillors.org.uk)

**Rev'd Cannon Paul Arthur** 01726 822317

**Methodist Minister Rev. Paul Parker** 01726  
850504

**St Dennis Primary School** 01726 822546

**Brannel Comprehensive** 01726 822485

If you need help like this, please call

St Dennis Parish Council

09.30 – 12.30 Mon – Fri

01726 821700

[clerk@stdennisparishcouncil.org.uk](mailto:clerk@stdennisparishcouncil.org.uk)

Out of office hours ring our Chairman

Julia Clarke - 07464120377

If you find other organisations that you think should be added, please help us help others and contact